

## Post Treatment Instructions for Venus Viva skin resurfacing

- Immediate swelling may occur following your treatment and is normal to last 24-48 hours. To minimise swelling keep your head elevated, this will subside.
- There will be redness and slight heat emanating from the treated area for the first 24 hours, similar to a mild sunburn. Please DO NOT apply ice or cold compress as heat is the body's natural healing response.
- To avoid increasing the risk of post treatment infection it is important to keep the treatment area clean.
- Avoid hot baths, saunas, jacuzzi and pools for the first 48 hours after your treatment.
- Avoid becoming sweaty
- Wash hands before touching the treated area
- Avoid make up brushes and sponges that have not been cleaned
- Direct sun exposure is to be avoided and SPF is to be applied in accordance to your dermal clinician's instructions.
- Artificial tanning lotions are not allowed on the treated area during the course of treatment and healing.
- Using a mineral based make up is our preferred choice of cover up and can be applied 24 hours after the treatment.
- Some mild discomfort may occur following your treatment. It is unusual to experience severe or excessive pain. Please contact us immediately if this occurs.
- The common responses below, may be experienced immediately or delayed, occurring at different time frames and severities, all of which is normal.
- If you have any questions or concerns to anything related to above or below, please call or email our clinic on the information below.

### **Common responses - This can be isolated to individual lesions or areas and/or globally**

#### **Normal:**

- Occurrence of any underlying congestion
- Loss of barrier in skin
- Redness
- Sunburn like sensation

- Inflammation / swelling / puffiness
- Tightness / taut skin
- Dryness / flakiness / shedding
- Sensitivity
- Purpura / superficial bruising
- Frosting
- Scabbing / mild crusting
- Micro blisters
- Striping
- Histamine reaction - hive like lumps
- Hypopigmentation
- Post inflammatory hyperpigmentation -(this can be transient or prolonged)

**Adverse:**

- Infection
- Pain
- Scarring

Please email the team at [hello@stskin.com.au](mailto:hello@stskin.com.au) or call us on 96140400 if you have any concerns.